

MEDIA RELEASE: Dads and Daughters: Have Fun Together and Build Lasting Bonds in Hair Workshops!

Joondalup, Western Australia: Following the huge success of previous Daddy & Daughter Hair Workshops, Moptops Haircare 4 Kids will be running them again starting on October 8, 11.30 AM at Divine Hair and Beauty Supplies Training Centre, 15 Vanden Way, Joondalup. In these unique workshops, fathers learn to do their young daughters' hair. They are a fantastic way for dads to gain confidence in caring for their daughters in a loving and interactive way.

"We have all kinds of people attending," said facilitator Chris Gaskell. "Some dads are FIFO workers who spend extended periods away from their families. They can struggle to find ways to connect emotionally with their daughters when they do return. Our workshops give them a direct and enjoyable way to do this."

She added that the dads benefit greatly from "getting out of their comfort zone" as they learn about parting and ponytails. They learn to care for their daughters in a more traditionally feminine way, and this can help them find other activities to enjoy together.

Ms Gaskell explained that the daughters greatly appreciate the close parental attention they are receiving. And they often have fun turning the tables and doing their dads' hair -- if there's enough left to work with, that is!

The affectionate contact facilitates bonding. This is valuable, because it's well established that children with close, enduring connections with their parents are more likely to have successful relationships as adults than those without. "The workshops can help set the girls up for happy lives as young women, too" she said.

They can also be a boon to stressed out mums in dire need of quality "me time". Because the fathers gain much needed confidence in looking after their daughters, they are often more willing to take on a caring role than they had been previously. Ms Gaskell cited examples of dads who'd done the workshops, then happily -- and competently! -- looked after their daughters at home while their wives enjoyed themselves on their own or with girlfriends, free from worry.

To learn more contact Chris Gaskell on 0407 998 918.

<https://www.facebook.com/daddyanddaughterhairworkshops/>

<https://www.facebook.com/moptophairecare4kids/>

Event details: Intro session 8/10/16. Graduation 22/10/16. Sessions go from 11.30 AM to 12.30 PM. Cost \$98.